

I AM 101

Nov.18, 2020

Much of our discussion has been on the need to protect ourselves from the onslaught of negative thoughts and feelings that mankind is constantly projecting into the atmosphere. Thoughts become things once they are energized by feelings. It is the misqualified energy charged with the destructive qualities of resentment, hate, and anger that assaults nature and imposes itself upon the Beloved Beings of the Elements. It is their Love that supplies us with food and that which we need while in the physical octave. They need our Love to help free them from being bound by human discord.

- Mighty I AM Presence, Great Ascended Host and all Legions of Light; I call to the Mighty I AM Presence and Higher Mental Body of all mankind to pick up this decree and call. I AM the Presence which floods the Sacred Fire Purity and Violet Flame Love into the Powers of Nature to free the Beloved Beings of the Elements from mankind's discord throughout all eternity. Replace this with your Sacred Fire Love forever Self-Sustained Self-Luminous and Self-Expanding.

It is equally important to insulate ourselves from human suggestions which are charged with lack and limitation. If you accept a suggestion of limitation through your feeling, it begins to anchor and "whirl" in your emotional body or feeling world. If you accept it as real, you will "out picture" it in your world. This is why it is important to be diligent with the Tube of Light and the use of the Violet Flame.

- We are walking around in a sea of this misqualified substance.
- Your Tube of Light makes it easier to maintain harmony and follow the subtle promptings and direction from your Beloved I AM Presence. Step by step you become the fulfillment of your Divine Plan made manifest.

Affirmation

- I AM surrounded in a Wall of Blue Flame from the center of the Earth to the Great Central Sun and back.

The light is intelligent and follows the direction through the spoken word.

How to send your love to the Ascended Masters

Always send your Love and adoration to your Beloved I AM Presence first, then to any Ascended Master, that you wish. There is a wave of Light substance that leaves your physical body which is a requirement that they need to complete the action and the law.

What happens when they receive your Love?

*They pick up your “Light substance,” and return it to you, charged with their consciousness, Light and Love. They qualify that Light substance with whatever **you** need to assist you in the expansion of your Light. Remember that the requirement of each student is different.*

Self-Study Meditate on the unfed flame in your heart.

The Unfed Flame is anchored in your heart and is the focus of your individualized I AM Presence in your physical body.. The Three fold flame has three plumes: Love, (pink), Wisdom, (Gold) and Power, (Blue.) When all three work together you have perfect balance.

- I AM the perfect balance of the unfed flame within my heart. Eternally guarded by Love’s Perfecting Protection.

Next Class Dec. 20, 1:00PST

Step by Step We Climb!

Athena

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