

## I AM 101

Sept 19, 2020

### AFFIRMATIONS

- I AM God in action driving this car. Therefore I shall arrive safely.

*You may find yourself prompted to take a different route or change lanes without even thinking about it.*

- I AM the Presence always alert which seizes my attention every time it wanders and commands it back into the heart of the Great Central Sun.

- I AM the Presence which disconnects my being and world from the magnetic pull of the Earth.

- Mighty I AM Presence, I command that I go into the temples of peace nightly and I bring back the blessings of that peace to flood forth into my feeling world, all of my activities, affairs, and bless all life that I contact.

*You can call to the Mighty I AM Presence and Higher Mental Body of all mankind to join with you in issuing a decree for humanity. This is not interfering with their free will for you are calling forth the perfection of the Beloved I AM Presence. You are opening the door for the greater powers to flood Light into the atmosphere, to those still asleep and to the earth. They charge the light into the mental and feeling world of mankind and dissolve the destructive patterns that have been created through the misuse of the energy through free will.*

## DECREEING FOR HUMANITY

- Mighty IAM Presence, All Legions of Light, Cosmic Beings and Great Ascended Host; I call to the Beloved I AM Presence and Higher Mental Body of all mankind to pick up this Decree and call. Charge the Sacred Fire Purity and Cosmic Light Substance that saves this nation! See that it is forever Self-Sustained, Self-Luminous and Self-Expanding and eternally guarded against all evil forever.

### SELF STUDY

I AM Discourses **Vol. # 3 by Saint Germain** is the bible out of the series and the *key to the vault*. I suggest having a hard copy as you will find yourself picking it up and studying the pages with a new level of clarity. This is where it becomes a very personal study. This is a book that you will read over and over again. Saint Germain instructs you on the laws, and how to work with them. Keep a notebook close as you will want to write down affirmations that “*speak to you.*” They are resonating with you for a reason. Trust it. Remember, that they build momentum. It is the consistency that redirects your attention.

**Next Class, Oct. 18, 2020 1:00 PST**

**Step by step we climb!**

**Athena**

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